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September Newsletter

Presenting our 2024 Innovation Challenge finalists!

We are pleased to announce the six finalists selected by a Peer Review Committee to compete at the Innovation Challenge for the title of “2024 International Palliative Care Innovator”. These final six will present their groundbreaking work on Friday, Oct. 18, at the McGill International Palliative Care Congress in Montreal, Canada. The winner will be chosen by our renowned palliative care judges and the voting audience, and will take home the \$1000 CAN cash prize from Canadian Virtual Hospice.

Congratulations to:

- Andréanne Côté, CIUSSS du Nord-de-l'Île-de-Montréal, Canada - Création de la pièce de théâtre 'Si un jour je meurs
- Dr. David Wu, Johns Hopkins Bayview Medical Center, United States - Sharing the impact of environmental care team on patient experience through film screening and education for healthcare staff
- Erin Das, Global Treehouse Foundation, Kenya - Helping children's palliative care practitioners identify which metrics support service improvement, share best practices in collection methods, and identify future needs
- Julia St Louis, SickKids Hospital, Canada - Reality Check: Using Virtual Reality Social Support for Adolescents Living with Serious Illness
- The Palliative Story Exchange Team (Ricky, Rachel & Alexis) with Dr. Richard Leiter, Dana-Farber Cancer Institute and Rachel Rusch, Children's Hospital Colorado, United States to present - The Palliative Story Exchange
- Sarah Scott and Terri Milton, Valley Hospice Foundation, Canada - Grief Library; sending resources of healing to rural Nova Scotians

Peer Review Committee

A big thank you to the seven members of the 2024 Innovation Challenge Peer Review Committee for their thoughtful review of 57 submissions and selection of our six finalists.



Thank you 2024 Innovation Challenge Peer Review Committee!



Cory Ingram, MD
Mayo Clinic



Harvey Max Chochinov, MD
*CancerCare
Manitoba Research Institute*



Rory Farrand, MSN
*National Hospice and
Palliative Care
Organization*



Samantha Winemaker, MD
Co-author of Hope for the Best



Mahoganie Hines, CHPCN
*Canadian Palliative Care
Nursing Association*



Adam Rapoport, MD
*The Hospital for
Sick Children*



Wendy G. Lichtenthal, PhD
*Center for the Advancement of
Bereavement Care*

Join us for the Innovation Challenge
on October 18, 2024!



[Learn more](#)

What's new

Inaugural Kappy Lecture

The first-ever Kappy Lecture, honouring and advancing the work of Kappy Flanders, a relentless advocate for palliative and end-of-life care, will be presented on Oct. 15, 2024 at the McGill International Palliative Care Congress. Join best-selling crime-writers Louise Penny and Donna Leon for *Murder, Mystery, and a Little Death* as they talk about their new novels, life, and

real and fictional preoccupations with death together with renowned social historian Judith Flanders, whose recent book, *Rites of Passage*, explores death and dying rituals in Victorian Britain.

[Learn more](#)

Evaluating impact of paramedics in palliative care

Cheryl Cameron, MEd, ACP, and team conducted an economic evaluation of the *Paramedics and palliative care: bringing vital services to Canadians* program supported and funded by the Canadian Partnership Against Cancer and Healthcare Excellence Canada. The Program ran from 2018 to 2022 and aimed to scale up similar programs previously conducted in only three provinces, nationwide.

[Learn more](#)

New ACP Learning Community launched

Advance Care Planning (ACP) Canada has launched a new Accessible ACP Learning Community in conjunction with the *Making Advance Care Planning More Accessible for Canadians with Disabilities* project. The Learning Community is for anyone interested in raising awareness and making advance care planning accessible to all Canadians, and aims to include and amplify the voices of those with lived experience. The community welcomes individuals from healthcare, community, and social services, as well as the disability sector.

[Learn more](#)

End-of-Life Care Behind Bars

Prison Hospice is a collection of the latest research on end-of-life care in a prison environment, compiled by Barry R. Ashpole, educator and communications consultant. The latest edition includes topics such as:

- Impact of prison on elderly inmates
- Governance of healthcare in custody
- Role of prison healthcare
- Facilitating palliative care for people in prison
- Medical decision-making in correctional facilities
- Medical assistance in dying

[Learn more](#)

Grieving families struggle to find funeral services in B.C.

In this article by Abby Luciano of CBC British Columbia, Prince Rupert residents speak to the lack of access to funeral and burial services in the region and the extreme lengths they must go to to access these services hundreds of miles away.

[Learn more](#)

British aid worker shares powerful perspectives on living and dying

British aid worker, Simon Boas, and acclaimed writer of the viral essay, *A Beginners Guide to Dying* and subsequent book of the same name, died on July 15, 2024. In this interview with BBC shortly before his death, he explains how his career as an aid worker helped him come to terms with his own life-changing cancer diagnosis at the age of 46.

[Watch video](#)

[Read essay](#)

Research recruitment

EMAIL CORRECTED

Participants needed: Young caregivers

NOTE: The email address provided in the previous issue of eNews was incorrect.

Approximately 1.5 million young people in Canada, under age 30, provide essential care. These young caregivers often go unrecognized and unsupported, impacting their physical and mental health, social lives, education, and work. Led by Roberta Woogate, PhD, of the College of Nursing and the University of Manitoba, this four-year national study aims to co-design policies and research priorities to improve their well-being, with young carers playing a central leadership role.

[Learn more](#)

Upcoming Webinars

Grief Chats Q&A

Date: October 15, 2024 | Location: Virtual

Join grief specialists Maxxine Rattner, MSW, PhD, and Marney Thompson, MA, as they host Grief Chats Q&A – a free monthly Canadian Grief Alliance webinar where they respond to your questions about loss and grief. Please submit your questions for discussion via the link below. Please note that while we do our best to respond to everyone's questions, there may not be time to get through them all. Thank you for your understanding.

Grief Chats Q&A is held at 8:30 pm ET / 5:30 pm PT, on the second Monday of each month. Please register below to attend (or to receive the recording even if you are unable to attend).

Financial contribution from



Health Canada Santé
Canada Canada

[Submit question](#)

[Register](#)

KidsGrief Q&A September

Date: September 10, 2024 | Location: Virtual

Join children's grief specialists Andrea Warnick, Colleen Mousseau, and Nicola Elbro as they answer your questions. Please submit your questions for discussion in advance via the link below.

[Submit question](#)

[Register](#)

Webinar recordings

Canadian Grief Alliance presents...

Grief Chats Q&A

Free Webinar

8:30 pm ET
Aug. 12

SPEAKERS:

Marney Thompson, MA
Victoria Hospice
Bereavement Services

Maxxine Rattner, PhD, RSW
Canadian Grief Alliance

CANADIAN VirtualHospice

Canadian Grief Alliance

Health Canada Santé Canada

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canadiangriefalliance.ca

The recording of the Canadian Grief Alliance's August Grief Chats Q&A is now available. Grief specialists Maxxine Rattner, PhD, and Marney Thompson, MA, hosted this live event on August 12, 2024.

Support groups

Lumara's Fall Programs - Registration Open!

Adult Support Groups (Virtual):

- Adult Grief Support Group (8 weeks): Tuesdays, Oct 15 - Dec 10 (skipping Nov 5) at 5:30-7 pm PST / 8:30-10 pm EST
- Pregnancy and Infant Loss Support Group (8 weeks): Rolling Start on Tuesdays from 4:30-5:30 pm PST / 7:30-8:30 pm EST
- Writing Our Grief Adult Support Group (6 weeks): Wednesdays, Oct 16 - Nov 20 at 5:30-7 pm PST / 8:30-10 pm EST

Adult Support Group (In Person):

- Adult Grief Support Group (8 weeks): Thursdays, Oct 10 - Dec 5 (skipping Oct 31) at 6:30-8 pm PST at Lumara's New Westminster Office

Kids Support Group (Virtual):

- Minecraft Groups (age 7-12): Saturday, Oct 19, Nov 16 and Dec 7 at 9:30-11:30 am PST / 12:30-2:30 pm EST

In-Person Programs in BC:

- Circles of Strength Adult and Children's Grief Support Groups (age 6-12): Saturday, Oct 26, Nov 23 and Dec 14 from 10-12 pm PST at New Westminster Secondary School
- Camp Kerry BC Family Retreat: Friday, Sep 13 - Monday, Sep 16 at Rockridge Canyon in Princeton, BC

In-Person Programs in Ontario:

- Camp Kerry Ontario Family Retreat: Thursday, Oct 3 - Sunday, Oct 6 at Lion's Camp Dorset in Algonquin Highlands

Drop-in Groups (Virtual):

- Mindfulness Meditation Drop-in: Every Thursday starting Sept 19 from 7-8 pm PST / 10-11 pm EST

[Register for groups and workshops](#)

[Register for retreats](#)

Fall Outdoor Play Grief Group

Date: Starting October 2, 2024 | Location: Ottawa, Ontario

Registration for Playful Mindset's fall season is now accepting registrants. Playful Mindset offers a safe space for children and caregivers to navigate feelings of loss and grief through unstructured and facilitated play. Sessions run once a week for two hours for ten weeks.

[Learn more](#)

Events, workshops, and calls for abstracts

PalliLearn Sessions

[PalliLearn](#) is a series of short, interactive, virtual, courses designed to build your capacity to support people who are sick, dying, caregiving and grieving in your community. The courses blend research findings with practical ways to put these into action.

- [Your Role in a Compassionate Community](#) - Date: September 12, 2024 | Location: Virtual
- [What Matters Most?](#) - Date: September 19, 2024 | Location: Virtual
- [What is Palliative Care?](#) - Date: September 26, 2024 | Location: Virtual
- [How to Have Conversations About Dying and Grief](#) - Date: October 3, 2024 | Location: Virtual
- [PalliLearn Facilitator Training](#) - Date: October 10, 2024 | Location: Virtual

Financial End-of-Life Planning Workshops

ADVANCE CARE PLANNING

September 19, 2024
Hospice Vaughan / Online
12:00 - 1:00 PM



REGISTRATION

HYBRID WORKSHOP

SCAN CODE TO REGISTER FOR IN-PERSON OR ONLINE PARTICIPATION!

In-Person:



Online:



We will discuss:

What is advance care planning?

Holistic planning

Substitute decision maker hierarchy

5 steps of advance care planning

Values and wishes

INQUIRIES



Jaimie Chan, 905-850-6266 ext. 220



www.hospicevaughan.com



9383 Islington Avenue, Vaughan, ON

Funded by the
Government of Canada's
New Horizons for Seniors Program



Date: September 19, 2024 | Location: Virtual

Hospice Vaughan is offering a workshop series on financial end-of-life planning from September to March. The series is funded by the Government of Canada's New Horizons for Seniors Program and topics will include advance care planning, estate planning, funeral planning, caregiver financial support, and more! Workshops are open for anyone to attend and are offered free of charge.

[Learn more](#)

Palliative Manitoba 2024 Annual Provincial Palliative Care Conference

Date: September 19-20, 2024 | Location: Winnipeg, Manitoba

This year's conference includes a unique blend of keynotes, educational sessions, and networking opportunities grounded in palliative care. Engage with colleagues from across the country as you learn about new approaches, successful models, and innovations that will advance your professional skill set and help strengthen your organization. Visit Katherine at the Canadian Virtual Hospice booth!

[Learn more](#)

Canadian Federation of Medical Students Annual General Meeting 2024

Date: September 20-21, 2024 | Location: Moncton, New Brunswick

The CFMS Annual General Meeting 2024 in Moncton includes 2 full days of speakers, roundtables, networking, exhibition booths, and social events! Visit Maria at the Canadian Virtual Hospice booth!

[Learn more](#)

Grief at Work: The Conference

Date: October 1, 2024 | Location: Waterloo, Ontario

Presented by the Bereaved Families of Ontario – Midwestern Region, this conference is focused on addressing the critical topic of grief and loss within professional settings including conversations about grief and its impacts on workplace dynamics, practical strategies to support employees who are grieving, and the implications of grief on those who are precariously employed.

[Learn more](#)

2024 Northwestern Ontario Palliative Care Conference Booster

Date: October 2, 2024 | Location: Hybrid

The Centre for Education and Research on Aging & Health (CERAH), Lakehead University, is pleased to announce its one-day Palliative Care Conference Booster, in partnership with the North West Regional Palliative

Care Program, SJCG. This event is available in-person at the Superior Inn in Thunder Bay and virtually for those who cannot make the trip.

[Learn more](#)

BCCPC's All Together Symposium 2024

Date: October 4, 2024 | Location: Pinnacle Harbourfront Hotel, Vancouver

The BC Centre for Palliative Care's Biennial All Together Symposium promises a full day of educational workshops and valuable networking opportunities. Kelli Stajduhar, RN, PhD, and Hsien Seow, PhD, are the featured speakers for the event.

[Learn more](#)

The McGill International Palliative Care Congress

Date: October 15-18, 2024 | Location: Palais des congres de Montreal

This year's conference will feature a blockbuster pre-conference workshop, day-long topical seminars, transformative plenary sessions and rigorous research from around the world. See us at the Canadian Virtual Hospice booth and the 2024 Innovation Challenge!

[Learn more](#)

Forum 2024 Winnipeg

Date: October 21-23, 2024 | Location: Winnipeg, Manitoba

The Forum 2024 Winnipeg is presented by that Canadian Institute for Military and Veterans Health Research and co-hosted by the University of Manitoba and University of Winnipeg. This Forum serves as a platform for thought leaders across various sectors to exchange insights, collaborate, and showcase advancements in research and ideas for the betterment of our military personnel, veterans, and their families. Visit us at the Canadian Virtual Hospice booth!

[Learn more](#)

35th Annual Palliative Education and Research Conference

Date: October 21, 2024 | Location: TBD

The Covenant Health Palliative Institute will host the 35th annual Palliative Education and Research Conference on Monday, October 21, with the theme Compassion and Hope. Harvey Chochinov, PhD, and Maxxine Rattner, PhD, are plenary speakers at the event.

[Learn more](#)

We'd love to hear from you!

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